



# COACHES HANDBOOK

Little Sluggers

# Welcome and Thank you for Volunteering with Medicine Hat Little League

## **Contact Information**

### **Division Coordinators:**

**Jenessa Brown - [jenessabrown@hotmail.com](mailto:jenessabrown@hotmail.com)**

Little Sluggers

Rookie Jr.

**Dee Cox - [deeaustalia@hotmail.com](mailto:deeaustalia@hotmail.com)**

Rookie Sr.

**Nicole Herter - [nicole.vis@hotmail.com](mailto:nicole.vis@hotmail.com)**

Minors

**January Clark - [januaryw@yahoo.com](mailto:januaryw@yahoo.com)**

Majors

President:

**Justin McDonald - [jmcd9@hotmail.com](mailto:jmcd9@hotmail.com)**

Intermediate/Teenage

Equipment Director:

**Meredith Conboy - [meredithconboy5@gmail.com](mailto:meredithconboy5@gmail.com)**

Office Admin:

**[medhatlittleleague@gmail.com](mailto:medhatlittleleague@gmail.com)**

Vice President

**Mandy Hauck - [mandeefischer@gmail.com](mailto:mandeefischer@gmail.com)**

# **Important Dates**

## **Equipment Pick Up Dates:**

All Divisions

Sunday, April 16th (6pm – 8pm)

Monday, April 17th (5pm – 7pm)

## **League Begins:**

Little Sluggers, Rookie Jr. & Rookie Sr.

Monday, May 1st

Minors, Majors, & Intermediate/Teenage

Sunday, April 23rd

## **League Ends:**

Little Sluggers, Rookie Jr. & Rookie Sr.

Sunday, June 18

Minors, Majors, & Intermediate/Teenage

Friday, June 23

## **Year End Jamboree/Playoffs:**

TBD

## **Equipment Return:**

TBD

## **Resources**

<https://www.mhllittleleague.ca/>

<https://www.littleleague.org/university/>

<https://www.littleleague.org/university/coaches/>

<https://www.littleleague.org/playing-rules/pitch-count/>

<http://www.littleleagueab.ca/>

<https://www.littleleague.ca/>

# Coaches Responsibilities

- Develop all players in a fun, encouraging, positive environment. All players should be given the opportunity to play all positions. Playing time shall be equal amongst all the team players.
- Police check
- Review division specific rules - appendix A
- Safety Plan - appendix B
- Equipment Pick Up
- Home Team (When Games Are Permitted):
  - Third Base Line
  - Put bases out and lock up at end of game
  - Official Scorekeeper
- Visiting Team (When Games Are Permitted):
  - First Base Line
  - Official Pitch Count
  - Appoint Game Day Coordinator
- Report pitch count to division director and scores for Kid Pitch divisions and higher
- Attend draft for Minors and older divisions
- Return all equipment and jerseys at end of season

# **League Responsibilities**

- To support our volunteer coaches
- Provide necessary equipment - tees, balls, bats, bases
- Provide letter for police check to each coach
- Team assessments
- Moderate drafted teams
- Creation of teams for Little Sluggers to Rookie Sr.
- Schedules for each team
- Tournament Schedules
- Weather cancellations will be decided by division director and communicated to coaches via email and TeamSnap notification
- Umpires are scheduled and paid by MHLL
- Complaints or concerns

# **TeamSnap**

- Each team will have their own TeamSnap account.
- Office staff will upload all teams, contacts and schedules into TeamSnap and give each coach manager access.
- You will be able to send communication to your team via TeamSnap.
- Schedule changes will need to be completed through the office.
- Please call or email office for assistance with TeamSnap

[Medhatlittleleague@gmail.com](mailto:Medhatlittleleague@gmail.com)

# Appendix A Division Rules

## MHLL Little Sluggers Division



## **Cancellations**

All cancellations are at the discretion of the division director with consultation with the Field manager. Cancellations will be updated on MHLL facebook page, and emailed to division team coaches. Coaches are responsible for emailing their respective teams of the cancellation. Cancellation decisions will be made by 4:30PM.

## **Start Time**

Little Sluggers practice times will start at 6:00PM.

## **Diamond Locations**

Little Sluggers will play at the Ken Sauer, and River Heights diamonds. The diamonds have no seating so please encourage parents or spectators to bring their own chairs. Teams will play on varying nights throughout the week either on Tuesday's and Thursday's or Monday's and Wednesday's.



# Preparation\Clean up

## Player Information

- Teams will consist of 10 to 11 players.
- There will be two teams scheduled per field
- Players will provide their own equipment (with the exception of bats and balls)

## Games

Home Team Responsibilities: (listed last on schedule)

- Setting up bases
- Setting up tee
- Supplying game balls
- Shall occupy 3<sup>rd</sup> base fence line

Visitor Team Responsibilities: (listed first on schedule)

- Putting away bases
- Putting away tee
- Shall occupy 1<sup>st</sup> base fence line

# Equipment

There will be a scheduled day for equipment and uniform pick up at the beginning of the season. Coaches are required to pick-up or coordinate an alternate coach to pick-up team equipment. There will be 4 pylons, 20 Tennis Balls, 5 Bean Bags and some team bats in the equipment bag. This equipment is expected to be returned to MHLL at the conclusion of the season. There will be a scheduled day for equipment drop-off.

## Game Play

Little Sluggers is a Tee-Ball division. All kids will bat from home plate off a tee. Runners will advance a single base for each batter. Defensive players will attempt to make plays to get runners out. Outs are not called and all players are allowed to run the bases. Once all players have batted the half inning is over and the other team gets to bat. Each game will last three innings. Defensive teams will be allowed to have two coaches in the field of play. These defensive coaches will assist players with the game. Offensive teams are encouraged to have coaches on first and third to assist baserunners. Offensive teams will require a coach at home plate to assist with the player at the plate.

## Contacts

The Little Sluggers director is Jenessa Brown.

E-Mail: [jenessakbrown@hotmail.com](mailto:jenessakbrown@hotmail.com)

# Appendix B Safety Plan

## MHLL Safety Plan

All participants (players, coaches and spectators) of MHLL must abide by these guidelines when organizing or attending an organized activity.

Requirement	Description/Application
<b>Health Check</b>	<ul style="list-style-type: none"> <li>● All players and coaches of MHLL are encouraged to complete a Health Check on TeamSnap prior to participating in each baseball activity.</li> <li>● If you are feeling ill or the player is ill please avoid coming to the practice/game to avoid getting others ill</li> </ul>
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>● Players should bring their own sanitizer that contains at least 60% alcohol</li> <li>● Players and coaches should try to sanitize               <ul style="list-style-type: none"> <li>○ Upon arrival to activity</li> <li>○ After touching any shared surface or equipment</li> <li>○ After touching face</li> <li>○ Before putting on a mask and after taking off a mask</li> <li>○ between each half inning (going onto or coming off of the field).</li> <li>○ After using the washroom</li> </ul> </li> <li>● One person from each team completes pitch count and score.</li> <li>● Uniforms must be cleaned between each practice/game.</li> </ul>
<b>Equipment:</b>	<ul style="list-style-type: none"> <li>● Participants must bring their own personal equipment. We strongly recommend you to provide your own bats if you are able too.</li> <li>● Unused personal equipment should be stored in clearly marked bags that hang OUTSIDE the dugout to avoid a tripping hazard.</li> <li>● During game play, the team who is on the field should supply baseballs to be used in the field.</li> </ul>
<b>Food and Water</b>	<ul style="list-style-type: none"> <li>● Participants must use their own <u>clearly labeled</u> water bottles, which should be cleaned before and after each use.</li> <li>● Do not bring any food, gum, or sunflower seeds to the facility.</li> <li>● Concession operations must meet the government of Alberta guidelines.</li> </ul>
<b>First Aid</b>	<ul style="list-style-type: none"> <li>● It is recommended that a family member attend to an injured player if available. If not possible, the attending person must wear medical gloves and a mask.</li> </ul>
<b>Spectators</b>	<ul style="list-style-type: none"> <li>● Spectators must remain off the diamonds at all times.</li> </ul>

