



COACHES HANDBOOK

Rookie Jr.

Welcome and Thank you for Volunteering with Medicine Hat Little League

Contact Information

Division Coordinators:

Jenessa Brown - jenessabrown@hotmail.com

Little Sluggers

Rookie Jr.

Dee Cox - deeaustalia@hotmail.com

Rookie Sr.

Nicole Herter - nicole.vis@hotmail.com

Minors

January Clark - januaryw@yahoo.com

Majors

President:

Justin McDonald - jmcd9@hotmail.com

Intermediate/Teenage

Equipment Director:

Meredith Conboy - meredithconboy5@gmail.com

Office Admin:

medhatlittleleague@gmail.com

Vice President

Mandy Hauck - mandeefischer@gmail.com

Important Dates

Equipment Pick Up Dates:

All Divisions

Sunday, April 16th (6pm – 8pm)

Monday, April 17th (5pm – 7pm)

League Begins:

Little Sluggers, Rookie Jr. & Rookie Sr.

Monday, May 1st

Minors, Majors, & Intermediate/Teenage

Sunday, April 23rd

League Ends:

Little Sluggers, Rookie Jr. & Rookie Sr.

Sunday, June 18

Minors, Majors, & Intermediate/Teenage

Friday, June 23

Year End Jamboree/Playoffs:

TBD

Equipment Return:

TBD

Resources

<https://www.mhlittleleague.ca/>

<https://www.littleleague.org/university/>

<https://www.littleleague.org/university/coaches/>

<https://www.littleleague.org/playing-rules/pitch-count/>

<http://www.littleleagueab.ca/>

<https://www.littleleague.ca/>

Coaches Responsibilities

- Develop all players in a fun, encouraging, positive environment. All players should be given the opportunity to play all positions. Playing time shall be equal amongst all the team players.
- Police check
- Review division specific rules - appendix A
- Safety Plan - appendix B
- Equipment Pick Up
- Home Team (When Games Are Permitted):
 - Third Base Line
 - Put bases out and lock up at end of game
- Visiting Team:
 - First Base Line
- Attend draft for Minors and older divisions
- Return all equipment and jerseys at end of season

League Responsibilities

- To support our volunteer coaches
- Provide necessary equipment - tees, balls, bats, bases
- Provide letter for police check to each coach
- Team assessments
- Moderate drafted teams
- Creation of teams for Little Sluggers to Rookie Sr.
- Schedules for each team
- Tournament Schedules
- Weather cancellations will be decided by division director and communicated to coaches via email and TeamSnap notification
- Umpires are scheduled and paid by MHLL
- Complaints or concerns

TeamSnap

- Each team will have their own TeamSnap account.
- Office staff will upload all teams, contacts and schedules into TeamSnap and give each coach manager access.
- You will be able to send communication to your team via TeamSnap.
- Schedule changes will need to be completed through the office.
- Please call or email office for assistance with TeamSnap

Medhatlittleleague@gmail.com

Appendix A Division Rules

MHLL Rookie Jr. Division



Cancellations

All cancellations are at the discretion of the division director with consultation with the Field manager. Cancellations will be updated on MHLL Facebook page, Twitter and emailed to division team coaches. Coaches are responsible for emailing their respective teams of the cancellation. Cancellation decisions will be made by 4:30PM.

Start Time

Rookie Jr. start times will be 6:00pm. Always refer to the schedule given out by the division directors. Each day teams will practice/warm up for 20 minutes then games will commence at 6:20PM. Games should last 40 Minutes.

Diamond Locations

Rookie Jr. will play at the Ross Glen & Vincent Massey diamonds. Teams will play on Tuesday and Thursday evenings.

Preparation\Cleanup

Player Information

- Teams will consist of 10 to 11 players.
- There will be two teams scheduled per field

- Players will provide their own equipment (with the exception of bats and balls)

Games

Home Team Responsibilities: (listed last on schedule)

- Setting up bases
- Setting up tee if required
- Supplying game balls

Visitor Team Responsibilities: (listed first on schedule)

- Putting away bases
- Putting away tee if required

Game Play Rules

The Rookie Jr. division is a progression of Tee-Ball. Players will swing at three pitches thrown by a pitching machine. If the player is unable to hit 3 machine thrown pitches, the coach will pitch 2 balls to the player and if the player is still unable to hit those, a tee will be brought out and the player will hit the ball off the tee.

Defensive players will attempt to make plays to get runners out. Outs are not called and all players are allowed to run the bases. Once all players have batted the half inning is over and the other team gets to bat. Each game will last three innings.

Defensive teams will be allowed to have two coaches in the field of play. These defensive coaches will be encouraged to assist players with the game but should not interfere with the game. Defensive teams are encouraged to dress a player at the position of catcher and participate in the game as much as possible.

Offensive teams are encouraged to have coaches on first and third to assist baserunners. Offensive teams will require a coach to pitch to players.

Equipment

There will be a scheduled day for equipment and uniform pick up at the beginning of the season. Coaches are required to pick-up or coordinate an alternate coach to pick-up team equipment. There will be game balls, practice balls, catching equipment and some team bats in the equipment bag. This equipment is expected to be returned to MHLL at the conclusion of the season. There will be a scheduled day for equipment drop-off.

Contacts

The Rookie Jr. Director is Jenessa Brown
E-Mail: jenessakbrown@hotmail.com

Appendix B Safety Plan

MHLL Safety Plan

All participants (players, coaches and spectators) of MHLL must abide by these guidelines when organizing or attending an organized activity.

Requirement	Description/Application
Health Check	<ul style="list-style-type: none">• All players and coaches of MHLL are encouraged to complete a Health Check on TeamSnap prior to participating in each baseball activity.• If you are feeling ill or the player is ill please avoid coming to the practice/game to avoid getting others ill
Hygiene	<ul style="list-style-type: none">• Players should bring their own sanitizer that contains at least 60% alcohol• Players and coaches should try to sanitize<ul style="list-style-type: none">○ Upon arrival to activity○ After touching any shared surface or equipment○ After touching face○ Before putting on a mask and after taking off a mask○ between each half inning (going onto or coming off of the field).○ After using the washroom• One person from each team completes pitch count and score.• Uniforms must be cleaned between each practice/game.
Equipment:	<ul style="list-style-type: none">• Participants must bring their own personal equipment. We strongly recommend you to provide your own bats if you are able too.• Unused personal equipment should be stored in clearly marked bags that hang OUTSIDE the dugout to avoid a tripping hazard.• During game play, the team who is on the field should supply baseballs to be used in the field.
Food and Water	<ul style="list-style-type: none">• Participants must use their own <u>clearly labeled</u> water bottles, which should be cleaned before and after each use.• Do not bring any food, gum, or sunflower seeds to the facility.• Concession operations must meet the government of Alberta guidelines.
First Aid	<ul style="list-style-type: none">• It is recommended that a family member attend to an injured player if available. If not possible, the attending person must wear medical gloves and a mask.
Spectators	<ul style="list-style-type: none">• Spectators must remain off the diamonds at all times.